

**SPECIAL
POINTS OF
INTEREST:**

- NASN conference
- New vaccine for prevention of cervical cancer
- Chris Tuck honored as school nurse of the year
- Planning for pandemic flu in schools
- Healthy Start Regional Training agenda
- Court decision on reporting underage sexual activity

**INSIDE THIS
ISSUE:**

Perinatal Health 2
— Conception to Birth

Child Health — 3
Birth to age 9

Adolescent 4
Health —
Age 10 to 21

Public Health 5

School Health 6

Events and 7
Resources

The Back Page 8

ZIPS *Back to School*

Zero to age 21: Information Promoting Success

for Public Health Professionals working with Kansas Kids

VOLUME 4 NUMBER 8

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NEW FAMILY PLANNING CLINICAL CONSULTANT

Nadine Gail Chalman, BSN, ARNP, is the new Family Planning Clinical Consultant for the KDHE Title X FP Program. Gail received her BSN from California State University at Sacramento and her ARNP from the Harbor-UCLA Women's Health Nurse Practitioner Program. She has provided health care as a clinic nurse and ARNP in Family Planning Clinics in three states including Kansas. Most recently, she was one of two nurse practitioners in a busy OB/GYN practice in Manhattan. You may contact Gail at 785-296-8212 or gchalman@kdhe.state.ks.us.



NEW ABSTINENCE EDUCATION CONSULTANT

Pamela Combes is the new Abstinence Education Consultant for the Bureau of Children, Youth and Families, Children & Families Section at KDHE. Pamela will manage the Kansas Abstinence Education Program and will provide consultation and technical support. Combes is a Kansas native and was born in Emporia. She graduated from Emporia State University with a bachelor's degree in education in 1991. Combes has taught at the junior and senior high school and college level. Prior to coming to KDHE, Pamela worked at the Flint Hills Community Health Center, Emporia, as program director of a human sexuality program for Lyon and Chase counties. Combes is married and has three children. You may contact Pamela at 785-291-3053 or pcombes@kdhe.state.ks.us.

Kansas School Nurses Get Fit At Summer Conference



Four hundred and ten school and public health nurses attended the 17th School Nurse Conference, "Building Healthy Foundations: Eat Healthy, Move More" in Wichita July 17 – 20. There were 76 new school nurses who attended the new school nurse orientation session. In celebrating health promotion and wellness in our schools, the Colvin Elementary Jubilee and Dance Troop, a group of students from the Wichita area, performed folk music, song, and dance during the banquet. Under the collaborative direction of the school's music teacher, Kirk Olson and the physi-

cal education teacher, the students shared their passion for fitness put to music with the participants.

The conference provided energetic content on topics related to health promotion, preventative practices, and current issues related to public health and a plethora of resources available in print and on disks for use in their practice.



PERINATAL HEALTH

Joe Kotsch, Perinatal Consultant

Group B Strep

Group B streptococcus (GBS) infection is a common bacterial infection that is generally not serious in adults but can be life-threatening to newborns. GBS affects about one in every 2,000 babies born in the United States. Anyone can carry GBS, and between 10 and 30 percent of pregnant women carry it.

If a pregnant woman carries the GBS bacterium in her vagina or rectum at the time of labor, there is a one in 100 (1 percent) chance that her baby will become infected. Babies infected with GBS can get pneumonia, sepsis (blood infection) or meningitis (infection of the membranes surrounding the brain). Infected babies can be treated with antibiotics. Most have no long-lasting damage,

but about 5 percent die and some babies who develop meningitis suffer lasting neurological damage.

You can be screened for GBS infection during the last few weeks of pregnancy. If you carry GBS or your provider determines you are at risk for GBS infection, you will be treated with intravenous antibiotics during labor and delivery. If you have any questions about GBS, ask your health care provider near the end of your pregnancy.

The Centers for Disease Control and Prevention (CDC) has a special [Web site devoted to Group B strep](#).



Knowledge Path on Infant Mortality



The Maternal Child Health Library (MCH) Library has recently released a knowl-

edge path on

infant mortality. It can be accessed and used by health care professionals, policymakers, program administrators and parents. This resource contains information on a wide array of quality items. It offers data analysis, descriptions of public health campaigns and prevention programs, and provides reports on research with a focus on causation and prevention interventions that may be potentially helpful. For more information visit: www.mchlibrary.info/KnowledgePaths/kp_infmort.html

**Level with
your child by
being honest. Nobody
spots a
phony
quicker than
a child.**

— **Mary
MacCracken**



SIDS Information Update

The National SIDS/Infant Death Resource Center (NSIDRC) launched the Electronic Resource Compendium on the NSIDRC Web site. Visit www.sidscenter.org and click on "Topics A-Z."

The Resource Compendium is a searchable database of information collected from national, state, and local SIDS/Infant Death programs, as well as perinatal, stillbirth, maternal and child health, and bereavement organizations. The compendium includes links to electronic versions of publications such as fact sheets, brochures, booklets, posters, order forms, and electronic materials in CD/DVD/video format (including foreign-language materials).

If your organization would like to participate in this project, please visit www.sidscenter.org/biblio for more information.



CHILD HEALTH

Brenda Nickel, Child Health Consultant

Class Offered for Transporting Children with Special Health Care Needs



Having all children properly restrained when traveling in a vehicle is essential to their safety. Children with short or long term medical conditions may require specialized or adaptive restraints when being transported. Certified child passenger safety technicians and

instructors can serve as a resource in situations involving transporting children with medical conditions. During the training, you will be responsible for reading the information contained in the chapters and will be tested over content. The training will combine classroom instruction and hands-on exercise. At the end of the training, participants will be required to demonstrate their proficiency using and installing a number of specialized restraints.

The skills acquired in the NHTSA standardized

training prepare the CPS Technician to access appropriate resources, provide families with current information, develop partnerships, and solve problems. All of these can be applied to situations involving the transportation needs of children with special health care needs. For more information about registration or questions regarding the class, contact Phyllis Larimore at Children's Mercy Hospital at 816-234-1607 or plarimore@cmh.edu.

Location: Kansas Department of Transportation Conference Room Wamego, Kansas

Dates: October 5 & 6, 2006

Times: 8:30 a.m. - 5:00 p.m.

Check-lane: To follow class

Registration: The \$100 registration fee is waived for Kansas health care professionals. Early registration is encouraged. Class size is limited.

Sponsored By: Children's Mercy Hospital and the Kansas Emergency Medical Services for Children (EMSC) program.

NASN Conference Inspires School Nurses from Kansas and Across the United States

Twelve participants from Kansas joined 1200 school nurses from across the nation and from 5 countries at the Marriott Marquis in New York City from June 29 – July 3 to gain knowledge about the health and policy issues and innovative practices in school health. Sue Will, NASN President, welcomed conference attendees and challenged school nurses to researched based recommendations in school health practices and utilize measure outcomes. Plenary sessions offered nurses the opportunity to learn from national advocates for children's health. Speakers included:

- Donna A. Lawrence, Executive Director of the Children's Defense Fund
- Patrick Reynolds, Executive Director of Foundation for a Smokefree America
- Anu Pejavar, School Health Resource Coordinator, Center for Disease Control, on the important role that school nurses have in coordinated school health programs.
- Anne Munoz-Furlong, Founder and CEO of the Food and Allergy Network
- Diane Allensworth, Centers of Disease Control, on assisting schools to develop a pandemic influenza management plan. Included in Diane's presentation was a resource for schools, **"It's a Snap", a hands-on initiative for middle schools that's designed to help**

keep students in school and learning by improving overall health through promoting clean hands. The posters and toolkits are available at no charge at www.itsasnap.org/index.asp

More than 28 breakout sessions included playground injury prevention, school refusal, facilitating school return for children with cancer, asthma disparities in minority populations, improved school nurse practice using an evidence-based model, and childhood overweight. Of particular interest was a breakout session highlighting a school-based screening tool for mental illness and suicide risk developed by Columbia University, New York called TeenScreen. This program information can be obtained at www.teenscreen.org.



Back row, left to right: Chris Tuck (Seaman USD 345), Garrie Oppitz (Seaman USD 345), Shari Motelet (Kansas City USD 500), Kathy Hubka (Wichita USD 259), Brenda Nickel (KDHE), Cindy Galemore (Olathe USD 233). **Front row, left to right:** Polly Witt (Garden City USD 457), Sue Holmes (Salina USD 305), Sue Will (NASN President), Amy Garcia (NASN Executive Director). **Not Shown:** Darlene Coffey (Garden City USD 457), Kim Partin (Garden City USD 457), Valerie Rainman (Garden City USD 457), Elizabeth Penner (Garden City USD 457).

ADOLESCENT HEALTH

Jane Stueve, Adolescent Health Consultant

Child Pornography



Pornography harms children. Children and adults are being exposed to on-line pornography accidentally – it's not always their choice. Have you received any of those unsolicited messages or surfed the net looking for one thing only to find pornography? Do you want children exposed to this? We all must work to protect children from exposure to pornography in the on-line areas where they study and play.

Under federal law, child pornography is defined as a visual depiction of any kind, including a drawing, cartoon, sculpture, painting, photograph, film, video, computer-generated image or picture, whether made or produced by electronic, mechanical, or other means, of sexually explicit conduct, where it:

- depicts a minor engaging in sexually explicit conduct and is obscene, or
- depicts an image that is, or appears to be, of a minor engaging in graphic bestiality, sadistic or

masochistic abuse, or sexual intercourse, including genital-genital, oral-genital, anal-genital, or oral-anal, whether between persons of the same or opposite sex, and such

- depiction lacks serious literary, artistic, political, or scientific value.

It is illegal to possess, distribute, or manufacture these images. The possession or distribution of child pornography is illegal under federal laws and laws in all 50 states. Researchers and law-enforcement officials believe this crime is increasing and the increase is related to growing internet use.

In response to this growing crime, the U.S. Department of Justice (USDoJ) has responded in several ways including funding the National Center for Missing & Exploited Children's CyberTipline, www.cybertipline.com, acting as the national clearinghouse for reports of Internet-related child pornography and other Internet-related sex crimes committed against children.

How Do Online Predators Find Teens?

Individuals looking for potential victims online have no difficulty finding them. It is quite common for these offenders to frequent "teens only" chat rooms and communicate with teens who unwittingly divulge personal information about themselves. A more recent phenomenon is the solicitation of sex over the Internet. A survey conducted by the Crimes against Children Research Center at the University of New Hampshire found that one in five youth who regularly use the Internet received a sexual solicitation or approach over the Internet. Some predators attempt to lower the teens inhibitions by gradually introducing sexual content into their online con-



versations and even send pornographic images to the teen. When teens are shown images of peers engaged in sexual activities, they are led to believe that this behavior is acceptable. This lowers their inhibitions and makes it easier for the molester to take advantage of them sexually. The challenge is to stay "one-click" ahead of would-be pornographers, hackers, child-predators and those who would misuse you and your teen's sensitive information. There are tools to track Internet sites visited. Examples of internet safety program sites are www.GetNetWise.com and www.i-SAFE.com.

Wall Street Journal Poll

A Wall Street Journal Online/Harris Interactive health care poll of 2,689 adults found that 89 percent favor more access to information about birth control. Support for confidential access for teens is not as high (46 percent), but is still greater than the 41 percent who opposed such access. Two-thirds of those polled agree that abstinence is the best option for protecting teens from unwanted pregnancies, compared with 25 percent who disagree. The full results were published on June 20, 2006, Wall Street Journal.



PUBLIC HEALTH

Children and Families Section

FDA Licenses New Vaccine for Prevention of Cervical Cancer



The U.S. Food and Drug Administration (FDA) approved the cervical cancer vaccine Gardasil as safe and effective for use among girls and women ages 9–26. This is the first vaccine developed to prevent cervical cancer, precancerous genital lesions and genital warts due to human papillomavirus (HPV) types 6, 11, 16 and 18. Gardasil was evaluated and approved in six months under FDA's priority review process--a process for products with potential to provide significant health benefits.

HPV is the most common sexually-

transmitted infection in the United States. The Centers for Disease Control and Prevention estimates that about 6.2 million Americans become infected with genital HPV each year and that over half of all sexually active men and women become infected at some time in their lives. On average, there are 9,710 new cases of cervical cancer and 3,700 deaths attributed to it in the United States each year. Worldwide, cervical cancer is the second most common cancer in women. There are more than 470,000 new cases and 233,000 deaths each year.

For more information, visit www.fda.gov/womens/getthefacts/hpv.html

**Be true to your work, your word
and your friend.**

— Henry David Thoreau

Changes to Medicaid Rules on Citizenship Documentation

The Feb 8, 2006 Deficit Reduction Act included new requirements for citizenship documentation to renew or sign up for Medicaid benefits. States will be required to follow new steps for proof. On June 9 CMS issued additional guidance to assist the states. No Medicaid applicants are exempt from the documentation requirements. Individuals already enrolled will be given "reasonable opportunity" to present documentation before any action to terminate. The Kaiser Commission released an informative Medicaid and the Uninsured Fact Sheet that is attached. For additional content go to the [KRHIS Website](http://KRHIS.Website).

Kansas Mumps Cases Reach Total of 839

With schools starting back in session in less than four weeks, the importance of immunizations and the need for constant vigil to identify possible communicable diseases continues to be in the forefront of public health. KDHE has received reports of 826 mumps (confirmed/probable) cases in 72 Kansas counties as of Monday, July 24. The majority of the cases are concentrated in Douglas County (295 as of July 17), but there are also cases in 71 other counties.

KDHE recommends that anyone who has not received two doses of the Measles, Mumps, and Rubella (MMR) vaccine in their lifetime do so to protect against mumps. The first vaccination is given in the first year of life. The second can be given a few months later, but must be given prior to school entry. MMR vaccination is required for kindergarten school entry in Kansas.

For the most recent detailed information about mumps

cases in Kansas, please visit the KDHE Web site at www.kdheks.gov/immunize/mumps.html.

Ask Ken!

ELECTRONIC SUBMISSION OF DATA & CVR'S

Q: If we are going on the immunization registry or have decided to go electronic does C & F have to be notified?

A: Yes, but this change can **only** be made in January and C&F must be notified at least one month in advance. At no time can a change in submitting data start mid-year. There are certain criteria that have to be met. C&F should also be notified if changing from electronic to CVR.

SCHOOL HEALTH

Brenda Nickel, Child Health Consultant and Jane Stueve, Adolescent Health Consultant

Chris Tuck, Seaman USD 345, Honored as the Kansas School Nurse of the Year by her District and KSNO



Chris Tuck was honored for her professionalism and advancement of the practice of school nursing in Kansas this month with the Kansas School Nurse of the Year Award, presented by the Kansas School Nurse Organization (KSNO), an affiliate of the National Association of School Nurses. Chris was nominated by her district superintendent and

administrators and was recognized at the Kansas School Nurse Conference banquet on July 17 where she accepted her award in the presence of 410 school nurses, her district superintendent, and her family. She credited her success in school nursing to the mentoring of her colleagues in nursing and in her professional organizations, knowledge gained from educators and students in the Seaman district, and the support of her husband Lee, and her family. Anyone who is privileged to know Chris, understands that the de-

scription given in her nomination form is very apt: She's like the Energizer Bunny and infuses her students and colleagues with her boundless, tireless energy!

In addition to serving as the school nurse for Seaman High School, Chris is the Director of Health Services for the Seaman district. Chris' leadership is recognized well beyond her district boundaries as she serves as the Membership Chair for KSNO, serves on committees advocating for health of children, is active with the American Lung Association, and has recently accepted an Adjunct Professor position with Friends University. Chris is a role model for healthy behaviors, crediting her mother, Joanne, as her role model. Chris incorporates running into her busy schedule while still devoting time to her family. You are encouraged to congratulate Chris on her accomplishment at ctuck@usd345.com. *Pictured: Chris' mother, Joan Frazier.*



U. S. District Court Decision on Reporting Underage Sexual Activity Presented at Summer Conference



At the school nurse conference, Kansas State Nurse's Association (KSNA) Executive Director Terri Roberts J.D., R.N., presented information about legal issues pertinent to public health and school nurses. Included in her presentation was information about the federal court decision that would impact health

providers counseling minors about sexuality issues without reporting child abuse, referred to as the "Kiss and Tell" law. Terri informed attendees that on April 18, 2006, Judge J. Thomas Marten of the United States District Court for the District of Kansas issued a permanent injunction that will prevent enforcement of the Kansas Attorney General's application of the state mandatory reporting statute for child abuse. The statute "vests mandatory

reporters, such as health care providers, with discretion to determine when there is reason to suspect a child has been injured as a result of sexual abuse" and "acknowledges the importance of the healthcare professional's ability to obtain and maintain a young patient's confidence in order to treat the patient appropriately."

The issue presented was whether consensual underage sexual activity must be reported under the Kansas reporting statute by health providers working with adolescents. The district court "holds that the Kansas reporting statute: 1) does not make all underage sexual activity inherently injurious; and 2) requires that the reporter have reason to suspect both injury and that the injury resulted from illegal sexual activity, as defined by Kansas law, before reporting is required." For a copy of the United States District Court decision, go to www.crlp.org/pdf/KansasDistrict.Ct.Opinion.pdf#search='Aid%20to%20Women%20Case%20No%20031353JTM

EVENTS



RESOURCES

Healthy Start Home Visitor Fall Regional Training 2006 will begin August 23 in Fredonia at the Wilson County Courthouse basement, 615 Madison Street from 9 a.m. to 3 p.m. There is no registration fee and lunch is on your own. There are additional trainings scheduled throughout Kansas from October to December. To register go to <http://ks.train.org>. For more information please contact Brenda Nickel at 785-296-7433 or bnickel@kdhe.state.ks.us, Joe Kotsch at 785-296-1306 or jkotsch@kdhe.state.ks.us, and Jamie Klenklen 785-296-1234 or jklenklen@kdhe.state.ks.us. See last page for agenda.

GRANDPARENTS/KINSHIP SUPPORT GROUP MEETING will be held at the downtown YMCA, 421 Van Buren, Topeka, KS, August 15, 2006 6:30 to 7:30 p.m. Meetings are held the third Tuesday of each month. Child care provided. Sponsored by Kansas Children Service League. Call 286-2329 to notify number of children that will be needing child care..

World Breastfeeding Week is August 1-7, 2006 Thank you to all who are providing education, support, referral or anything else to the breastfeeding mothers of Kansas. Go to www.ilca.org for more information.

Suicide Prevention Conference SPAN USA's 11th Annual National Awareness Event, "Suicide Prevention: Right Here, Right Now", will take place September 7-9, 2006 in Washington, DC. Visit www.spanusa.org to learn more about this year's event and register online.

The **CureSearch Run/Walk for Childhood Cancer** and the Brooke O'Grady Foundation in giving cancer's youngest patients hope by raising awareness and funds for lifesaving research by having a Run/Walk on Saturday, September 30, 2006 at 8 a.m. in Corporate Woods, 9401 Indian Creek Parkway in Overland Park, KS. Each participant will receive a race t-shirt and a CureSearch bandanna. Register on-line at: www.brookeogradyfoundation.org

HOME VISITATION TRAINING will be held at Dodge City Community College, Student Union, Santa Fe Room, 2501 N. 14th Ave, on September 12-14 and 19-21, from 9 a.m. to 4 p.m. Registration is \$35 per person, lunch is on your own. Jamie Klenklen will be instructing. For more information contact jklenklen@kdhe.state.ks.us or 785-296-1234. Please register at <http://ks.train.org>



2007 March of Dimes Grant Materials are posted to the Greater Kansas Chapter Web site. Program grants expand the mission of the March of Dimes through community service and education. Program grants are designed to fund projects specifically targeted to improve pregnancy outcomes and reduce infant mortality. Applicant organizations must provide services in the State of Kansas or in Clay, Platte, Jackson, or Cass counties in Missouri. Approximately five projects will be funded in 2007, with awards ranging from \$10,000 to \$50,000 each. The deadline to submit proposals is September 1, 2006. For access to the application guidelines and forms visit: www.marchofdimes.com/kansas/6238_11870.asp

The **NetSmartz Workshop** is an interactive, educational safety resource to teach kids and teens how to stay safer on the Internet. NetSmartz combines the newest technologies available and the most current information to create high-impact educational activities that are well received by even the most tech-savvy kids. www.netsmartz.org/index.htm

Updates for "When Do Infants and Children Need Immunizations" charts are now available on the following Web sites: To access a ready-to-print (PDF) version of it in Spanish, go to www.immunize.org/catg.d/p4050-01.pdf. To access a ready-to-print (PDF) version of it in English, go to www.immunize.org/catg.d/when1.pdf.

The MCH Library Releases a New Edition of its **Knowledge Path about EPSDT Services**. This latest electronic guide offers a selection of current resources about providing and strengthening Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services. It includes guidelines for the frequency, timing, and content of health promotion and disease prevention services for infants, children, and adolescents. The knowledge path is aimed at health professionals, program administrators, policymakers, and families. View the path online at www.mchlibrary.info/KnowledgePaths/kp_EPSDT.html. Knowledge paths on other maternal and child health topics are available at <http://mchlibrary.info/KnowledgePaths/index.html>

Just think of the tragedy of teaching children not to doubt

— **Clarence S. Darrow**



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Providing leadership to enhance the health of Kansas women and children through partnerships with families and communities.

We hope this newsletter continues to be a useful resource for you, and we encourage you to give us your comments, feedback and suggestions. Previous editions of ZIPS can be found at:

www.kdheks.gov/c-f/zips/

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www.kdheks.gov/c-f



Call for School Nurses to Serve as Trainers

NASN is seeking 20 school nurses to become trainers for the one day School Nurse **Managing Asthma Triggers** Program (MAT). Deadline for application is **September 1, 2006**. For more information on the trainer requirements / application process, go to www.nasn.org.



**HEY! Look Here
for School Health
Resources!**

www.kdheks.gov/c-f/school.html

Planning for Communicable Diseases in School Include Pandemic Flu

Excitement, anticipation, goal setting – planning ingredients for the 2006-2007 school year! Planning for a successful school year must include anticipating possible events that can impede the educational process of children and the overall well-being of the school year. Communicable diseases can cause tremendous disruption in communities and schools, thus now is the time to begin working on plans to deal with illness of students and faculty.

Although not a current health risk, a definite concern for school planning is the pandemic flu. Plans are currently being made to offer Pandemic Flu Symposia for school. Symposia for healthcare, emergency planning services, business, faith and community-based organizations, and agriculture have been already been held in communities across Kansas. Dates and location

announcements will be made once plans are finalized.

In the meantime school nurses, public health nurses, and school administrators can begin to explore resources currently available to educate students, faculty, and their community on basic health promotion and preventative practices that will assist in avoiding all kind of communicable diseases, including the common cold. The following links have great resources to help with wellness planning in schools and communities:

The Center of Public Preparedness www.kdheks.gov/biot
Health and Human Services Pandemic Flu Plan www.pandemicflu.gov
"Is it a Cold or the Flu" Publication www.kdheks.gov/flu/download/coldorflu.pdf
Download www.kdheks.gov/flu/download/coldorflu.pdf
Lead and Manage my School: Emergency Planning: Pandemic www.ed.gov/admins/lead/safety/emergencyplan/pandemic/index.html



2006 Healthy Start Fall Regional Training *Homemade and Heartfelt: Tips and Tools for Strengthening Kansas Families*

Presented by KDHE, Bureau for Children, Youth, and Families

Joseph Kotsch, Perinatal Consultant

Jamie Klenklen, Consultant and Home Visitor Training Program Coordinator

Brenda Nickel, Child and School Health Consultant, HSHV Program Director

Goal: To gain knowledge of resources and tools available to assist home visitors in providing support and wrap-around services to promote healthy choices by Kansas families.

Objectives: The participant will:

1. Increase their understanding of current health issues and trends challenging the well being of the MCH population.
2. Review and discuss new educational resources available for use in the clinic or home setting that provides health promotion and preventive information for families.
3. Discuss challenges identified as a home visitor and share strategies used to meet needs identified through role of a Healthy Start Home Visitor.
4. Increase understanding of agency and community collaborative relationships to benefit the overall health of MCH families served.

8:30 – 9:00	Registration
9:00 – 9:15	Welcome and Introductions ~ <i>Group</i>
9:30 – 9:45	“Sew, What’s New?” ~ Trends, Challenges, and Events ~ <i>Brenda</i>
9:45 – 10:30	“Following the Clues: A Trip to the Doctor and the Library” ~ A tool for families navigating the American healthcare system from the University of Nebraska Medical Center ~ <i>Jamie</i>
10:30 – 10:45	Break
10:45 – 11:15	“New Bright Futures Tools You’ll Flip For,” Anticipatory Guidance Tools from Georgetown University’s Bright Futures ~ <i>Joe</i>
11:15 – 11:30	“A Guide to Reporting Child Abuse and Neglect in Kansas,” A Resource from the Kansas Children Service League ~ <i>Brenda</i>
11:30 – 12:30	Lunch / Break
12:30 – 1:30	“Safe Slumber: Minority Outreach Training to Reduce the Risk of SIDS,” using materials provided by SIDS Network of Kansas ~ <i>Brenda</i>
1:30 – 1:45	Break
1:45 – 2:45	“Successes and Challenges in this Crazy Quilt Work,” *HSHV Roundtable ~ <i>Group</i>
2:45 – 3:00	Questions, Comments, Evaluations, and Certificate of Attendance



**Pictured left to right: Kathy Hubka, Wichita,
Sue Holmes, Salina, and Chris Tuck.**

My Life as a School Nurse

**By Chris Tuck,
2006 Kansas School Nurse
of the Year**

A School Nurse is the life I live,
With so much love and compassion to give,
Courage is my partner, patience is my friend,
I'm faithful to my students until the very end,

Health becomes my fortress and caring is my
style,
Giving is my trademark as I go the extra mile.
To ease a pain, dry tears and more,
For all who enter through my door.

A caring word or gentle touch,
I know can mean so "very much."
To those who know I'm always there,
A hug or words to show "I care."

The hours are long, the salary lean,
With most of my work going by unseen,
And when I'm there things go quite well,
But miss a day.... "All goes to hell!"

Policies, protocols, procedures and more,
Is what the school board hired me for.
A health care expert, advisor and friend,
The one who all have learned to depend.

Care plans, emergencies, IEPs and more,
CPR, AEDs, and health room supplies galore.
Head lice, asthma, diabetes and seizures,
Otosopes, audiometers, stethoscopes and
tweezers.

Who but me would know what's best,
To stock my room and be prepared,
For pandemic flu, tornados and more
Constipation, enuresis, nosebleeds galore.

Students need to hear and have good sight,
To do their math and read and write.
To learn about those "germs to fight,"
And get enough sleep each and every night.

With all the stress of "No Child Left Behind,"
Being foremost and center on everyone's
mind.
I am the one, who continues to say,
"Health + Education" is the only way.

To keep them healthy and doing their best,
As they write a paper or take a test.
I am the one that takes the lead,
To help ensure they all succeed.

I am the one who continues to advise
To be healthy, happy, safe and wise.
No drugs, or alcohol, sex or pop,
Seatbelts and helmets will help you reach
the "top."

As years go by children come and go,
And some come back to let me know.
"Remember that day I came to you?"
You are the reason I made it through!"